

		Lunes	Martes	Miércoles	Jueves	Viernes	Sábado	Domingo
09:30 - 10:15			PILATES SALA 2		PILATES SALA 2			
10:30 - 11:15			YOGA SALA 1	PILATES SALA 2	YOGA SALA 1	PILATES SALA 2		
11:30 - 12:15				YOGA SALA 2				
17:00 - 17:45			PILATES SALA 2		BALANCE SALA 2			
18:00 - 18:45				PILATES SALA 2	PILATES SALA 1			
19:00 - 19:45			YOGA SALA 2		YOGA SALA 1			